

# Geohuasca Healing & Recipe

by Chris & Sheree Geo



**DISCLAIMER:** The information herein is for scientific purposes and not meant to be executed. DMT is an illegal substance in most “modern” & “civilized” countries therefore do not perform this process if your politicians have determined that Ayahuasca Healing is strictly reserved for uncivilized savages in the Amazon.

## INTRODUCTION

Geohuasca is an Ayahuasca Analog and brewing process perfected by Chris and Sheree Geo of Beyond The Veil (where Ayahuasca is legal) using science, trial and error, experience, and intuition. This version of the brew can be made two different ways. If you are living in a country where DMT is banned, you can use only the Ayahuasca Vine which is perfectly legal to brew, use, and ingest. If you are in the Amazon you can add a DMT containing plant.

Most recipes found online call for shorter brewing times and guessing the pH and temperature levels. Geohuasca has been perfected to a science to ensure a powerful experience every single time without guess work.

Note: This recipe is a **VERY** powerful brew. If you are fearful of leaving your body or have not experienced mushrooms, LSD, or any other type of psychedelic, you may want to begin with a smaller dose. However, we prefer to dive in head first!

# DEFINITIONS



**MAOI:** (Monoamine Oxidase Inhibitors) In order to make DMT orally active you must neutralize the stomach acids with an MAOI. Geohuasca uses a REVERSIBLE MAOI. This is not to be confused with anti-depressants or irreversible MAOI's which can be FATAL. Make sure to read the PRECAUTIONS section before using an MAOI.

**DMT:** Dimethyltryptamine is said to be the world's most powerful psychedelic and recognized as a religious sacrament by the United States government as part of the UDV's church services. DMT is only orally active with the use of an MAOI.

**Syrian Rue:** Is a reversible MAOI used to neutralize the stomach acids. In Geohuasca, Syrian Rue is used in conjunction with B. Caapi whereas traditional Ayahuasca uses much higher doses of B. Caapi alone for this purpose.

**WARNING:** Syrian Rue is used in some cultures to provoke miscarriages. You should NEVER use Syrian Rue if you are pregnant.

**B. Caapi:** This is also known as the Ayahuasca Vine itself where the spirit of Ayahuasca resides. This is said to be the main teacher in an Ayahuasca experience while the other plants are referred to as “helper plants”, who assist by creating the visions.

**TIP:** B. Caapi is best for inner work and for going “within” your own spirit. If you are seeking healing (especially from addiction, bad behavior patterns, or physical ailment), a



high dose of B. Caapi is recommended. B. Caapi also helps provide clarity and a “warm motherly embrace” into your experience. After you are purified with a few sessions you can skip the B. Caapi and use a Syrian Rue / root bark combination. However, first time travelers are encouraged to include B. Caapi in their first several experiences.

**Acacia Confusa Root Bark:** Native to Hawaii and Taiwan, the root bark of this tree contains between 1% and 1.5% DMT and 1% to 1.5% NMT. This is a beautiful feminine teacher that can bring peace, love, tranquility, and contact with higher dimensional beings. The root bark is typically red. Tree bark is typically white and contains little to no active alkaloids and thus should be avoided.

**Mimosa Hostilis Root Bark:** This is my preferred teacher with approximately 2% DMT and very little NMT. It is more of a masculine and “in your face” teacher. Be cautious, MHRB provokes more of an external “hyperspace” experience where you may encounter “rogue” entities and inter-dimensionals. While this sometimes occurs with Acacia, the Mimosa is not as warm or loving of a spirit. MHRB is recommended for the courageous and advanced traveler.

**The Purge:** This term is used to describe the process of vomiting before an Ayahuasca experience. While this may sound unpleasant on the surface, it is a vital part of the cleansing and healing that Ayahuasca has to offer. Do not fear the purge. It is actually a very welcomed and cleansing process and one you will look forward to in future experiences.

\*\* While Mimosa and Acacia are legal to order, ship, and possess in most countries, making a tea for the purpose of ingesting the DMT is illegal and should not be performed in a country where this is prohibited by law.

\*\* Always use shredded or powdered root bark. If you are working with whole bark you will need to use a hammer to break it down then place it in a blender for shredding.

\*\* Do not make a brew using Mimosa and Acacia at the same time. The spirits will fight with each other and confuse the visions and experience. (our experience).

## Ayahuasca Ceremony



Traditional Ayahuasca consists of *B. Caapi* as the MAOI and *Chacruna* (*Psychotria Viridis*) as the helper plant. Because these plants can vary greatly in potency, Geohuasca utilizes Syrian Rue as the neutralizing MAOI, *B. Caapi* for the Ayahuasca Spirit, and *Acacia* or *Mimosa* in place of the *Chacruna*.

From Wikipedia:

**Ayahuasca** (usually pronounced [\*/ˌajəˈwæskə/\*](#) or [\*/ˌajəˈwaːskə/\*](#)), also commonly called **yagé** ([\*/ˈjɑːˈheɪ/\*](#)), is an [entheogenic](#) brew made out of [\*Banisteriopsis caapi\*](#) vine, often in combination with various other plants. It can be mixed with the leaves of *Chacruna* or *Chagropanga*, [dimethyltryptamine](#) (DMT)-containing plant species. The brew, first described academically in the early 1950s by [Harvard](#) ethnobotanist [Richard Evans Schultes](#), who found it employed for divinatory and healing purposes by the native peoples of [Amazonian Peru](#), is known by a number of different names (see [below](#)).<sup>[1]</sup>

It has been reported that some effects can be felt from consuming the caapi vine alone, but that DMT-containing plants (such as *Psychotria*) remain inactive when drunk as a brew without a source of [monoamine oxidase inhibitor](#) (MAOI) such as *B. caapi*.<sup>[2]</sup> It is unclear how [indigenous peoples](#) discovered the hallucinogenic properties of the plants used in the ayahuasca brew. Many indigenous Amazonian people say they received the instructions directly from plants and plant spirits.



## The Diet & Medical Precautions



Because Geohuasca utilizes a reversible MAOI, the diet is not as strict as traditional instructions. However, (for cleansing) the more you abstain from certain foods and toxins the more you will benefit from the healing. After you have been purified it will not be necessary to follow the diet as strictly.

1. A plant based diet is recommended for 2 to 14 days (the longer the better).
2. Abstain from meat, chicken, cheese, and dried fruits for at least 48 hours especially dried/cured meats like salami and pepperoni.
3. Avoid salty and spicy foods to minimize burning sensations during the purge.
4. Avoid sugar and sodas. (You are purifying yourself. No toxic stuff!!)
5. Do not eat anything for 12 to 24 hours prior to your ceremony (the longer the better).

6. Drink lots of water and flush out your system during the fasting period.
7. Do not drink alcohol for at least 72 hours (this will cloud the experience). Cannabis is OK but it can cloud the experience too but it's not as offensive to the Ayahuasca spirit as alcohol or other street drugs.
8. Do not take an MAOI if you are on any type of psycho-pharmaceuticals including anti-depressants, anti-psychotics, etc. You may need to refrain from this for 4 to 8 weeks in some cases. **USE DISCERNMENT.**
9. Do not take an MAOI within 7 days of taking MDMA or Amphetamines. **THIS CAN BE FATAL.**
10. SSRI's and Anti-depressants can be extremely harmful with an MAOI. Please do your own research if you are on any of these or check with Your Doctor. You can ask them about "Harmene" and "Haraline" Extracts. They're sold at vitamin stores as anti-parasitics.

## **Required Materials**





## **Plants:**

- 50 to 200 grams of B. Caapi to serve two to four people.
- 100 grams of Acacia or Mimosa to serve two to four people (If you are in the Amazon).
- 3 to 4 grams of Syrian Rue seeds per person (If you are drinking Acacia or Mimosa).

## **Other:**

- 3 gallons of distilled water
- 1 digital pH meter
- 1 digital food thermometer
- 1 bottle of 1000 mg strength of liquid vitamin C
- 2 large mason jars or several small jars
- 2 or 3 stainless steel pots (no Teflon or non-stick)
- 1 or 2 white t-shirt(s)
- 1 coffee grinder for grinding the Syrian Rue Seeds
- 1 or more sage stick(s)
- 1 bucket per person for purging

## **Spiritual Preparation**



**Step 1:** Clean your work area and ceremony room thoroughly. Clear your mind and put on your favorite spiritual music.

\*\* You can use: <http://truthfrequencyradio.com/chrisgeo/geohuasca.mp3> for a full 4 hour playlist of hand picked music by Sheree Geo\*\*

**Step 2:** Light a sage stick and bless your materials, cooking area, and ceremony room. Remove all negative energies from your home by opening a window or door, and saying:

“I command all negative entities and energies to leave through the window. You are not welcome in my house or my sacred space. This space is reserved for love and understanding. I expel any energies which do not share this intention”

## **Plant Preparation**



Geohuasca takes approximately 12 hours to properly brew and requires patience, love, understanding, and intention. Some recipes call for three extractions of thirty minutes. You will not get the full healing benefits if you shorten the brewing time.



Your spiritual well-being is worth the wait. This is not an experience to have hastily or for any other purpose. It is disrespectful to the plants, the spirits, and to yourself to cut corners or use this in any other manner.

### **Brewing Process**

(repeat 3 times for 3 to 4 hours per extraction)

**Step 1:** Add 2 to 3 liters of water to each stainless steel pot and bring to 205 degrees. Do NOT allow the water to get over 212 degrees at any time. The alkaloids will burn and your brew will be weak. Use the digital thermometer to bring to a perfect temperature then reduce heat to maintain.

**Step 2:** Use 1 tablespoon of liquid vitamin C in each pot. Stir well. Check the pH using the pH meter and adjust with more vitamin C until you reach an optimal pH of 3.8 – 3.5. Always adjust pH after the water is heated otherwise the pH will drop to 3 or below.

**Step 3:** Add the Acacia or Mimosa to one pot and the B. Caapi to another pot.

**Step 4:** Bless the materials and plants multiple times during the cooking process by moving the sage in a figure 8 (infinity) sign around the top and say a prayer.

**This blessing is very important.** When this step is not followed the brew is often very weak or simply does not work. You may call out to any higher spirit of your choice or simply Mother Ayahuasca or Mother Goddess. We prefer to call out to our Mother Isis.

“Mother Isis, we ask that you bless this brew with your eternal love to give us clarity and understanding in our visions. Please make the brew powerful and show us exactly what we need to see”.

**\*\*\*\* Repeat the blessing multiple times during the process\*\*\*\***

**Step 5:** At least every half hour check the temperature on both of the brews. You will notice water evaporating during the process. Add more water as needed and check the temperature and pH regularly.

You do not have to keep the volume of water at 2 to 3 liters the entire time. I usually end up with approx 1 liter of liquid after each extraction.

**Step 6:** After brewing for 3 – 4 hours carefully pour off the liquid into another glass container or stainless steel pot to simmer down later. Be careful not to remove the plant matter from the original pot. It may be necessary to let the brew cool down to allow the plant material to fall to the bottom of the pot.

If you use shredded bark you can filter it through a spaghetti strainer and retain the plant material like that.

**TIP \*\***The filter bag that comes with the Magical Butter Machine is perfect for filtering shredded or powdered plant material. **\*\***

**Step 7:** Add another 2 – 3 liters of water and repeat all steps until the liquid from all three processes are combined into one pot leaving out the plant matter.

### **AFTER THREE EXTRACTIONS**

**Step 8:** Combine all three extractions into one pot and use a white t-shirt to filter the liquid two to four times. This will help remove sediment from the brew.

**\*\*** At this point you can either simmer the liquid down immediately or you can place it in the refrigerator overnight. If you leave it overnight you will see a layer of sediment form at the bottom at which point you can decant the liquid while leaving the sediment behind.

**Step 9:** Put all of the liquid back into a stainless steel pot and simmer between 150 and 200 degrees until the total volume of liquid is about 24 ounces.

**Step 10:** Pour the brew into a mason jar while using a white t-shirt to further filter out sediment. You can repeat this multiple times by pouring the brew from jar to jar.

**Step 11:** Place the mason jar in the refrigerator until you are ready for your ceremony. It is suggested to leave it for at least 6 hours (overnight), but the longer you leave it the more sediment will separate and the more tasteless the brew will become.



\*\* If you are drinking the same night you can place it in the freezer for about 3060 minutes to allow the sediment to separate. Do not allow it to freeze \*\*

**Step 12:** When you are ready to drink, pour off the liquid into another mason jar leaving the bottom layer of sediment behind. You can run the remaining liquid through a white t-shirt a few more times. You should be left with about 16 ounces of liquid at this point.

\*\*If the Acacia/Mimosa brew is 16 ounces, 2 ounces per person (per dose) will be a normal dose and 4 ounces per person (per dose) will be a very powerful experience. (Recommended). You should drink a second dose after you purge.

\*\* B. Caapi should be reduced to four to eight ounces (two to four ounces per person) as it only needs to be taken once in the evening.

\*\* Never adjust the dose of Syrian Rue. It will do nothing more than make you nauseated. 15 gram doses have been reported to be fatal.

## THE NIGHT OF THE CEREMONY



**Step 1:** Use the sage once again to clear out your sacred space and call upon the Goddess to show you what you need to see.

**Step 2:** Using the coffee grinder, take 3 to 4 grams of Syrian Rue seeds per person and grind them up.

**Step 3:** You can place the Syrian Rue in a shot glass and drink it with water, or you can put it in gel capsules or tissue paper and swallow it like this.



Syrian Rue seeds are very bitter so be sure to have an extra glass of water, mouthwash, or orange slices nearby to neutralize the taste if you are not using gel caps.

- Note, you can also brew the Syrian Rue into a tea. This is said to reduce the nausea. However, I don't like to take changes with the MAOI and I want to make sure it works, so I eat it!!

**Step 4:** If you are including B. Caapi in your experience you can drink it now otherwise continue to the next step.

**Step 5:** After 30 to 60 minutes you will begin to feel a bit “floaty” or “slightly drunk”. This is an indication that the Syrian Rue has fully inhibited the stomach acids and you can drink the Acacia or Mimosa tea (if legal in your area).

**Step 6:** You will have about 16 ounces of Acacia (or Mimosa). Separate this into four or eight doses. Each dose will contain 125 to 250 mg of alkaloid. 125mg is a normal dose, 250mg is a powerful dose. Don't be afraid of the powerful dose! This is the BEST experience.

**Step 7:** Drink one dose per person leaving at least one extra dose. Restart the play list and sit and meditate on your intention for the next 30 – 45 minutes while the experience begins.

## TIPS FOR THE BEST EXPERIENCE



**TIP 1:** Hold your nose when drinking and suck on an orange slice right after to neutralize the taste of the brew.

**TIP 2:** Avoid purging as much as possible but after 60 minutes don't try to fight it any longer. After the purge drink another dose to bring you up to a full experience. You can re-dose again a couple of hours later for multiple experiences in one evening.

**TIP 3:** Because the brew is so clean and filtered, some people may NOT purge. However, some people with negative energy or karma will purge before the experience despite how filtered or clean the brew is. If you are seeking to purge more you can drink a higher dose of B. Caapi as this is the catalyst for the purge. You can also filter the Acacia or Mimosa less and leave a little sediment.

**TIP 4:** Do not fight or resist the experience. Give in to the loving embrace. Nothing can harm you, no matter what. Sometimes the visions may be frightening but it is what you need to see. The darker your soul, the darker the visions. This is a purification process that we all must go through. After you've been purified you will be able to contact higher entities and find your true path.

**TIP 5:** Geohuasca lessons may be taught between several sessions. If you are truly seeking cleansing, enlightenment, and change, it is recommended to set aside one or two weeks where you can have ceremonies in rapid fire succession every two or three days.



**TIP 6:** Nature is your friend especially if you live outside of the city in a rural area. We prefer to sit by the lake on an air-mattress with blankets and pillows. It is all about set and setting. You can't get an outdoor experience if you are in the inner city with cars and other distractions. If this is the case, darken your ceremony room and have the experience inside, wrapped in a blanket.

**TIP 7:** Make sure you have a loved one, significant other, or trusted friend with you. Do not do this for the first time with strangers or people you don't fully trust. It is advised to have a sitter to help adjust music, empty the purge bucket, bring water, etc. etc.

**TIP 8 :** The experience is best had in the dark. Keep a small flashlight nearby in the event that you have to move around and avoid turning on the lights.

**TIP 9:** Start the experience with a candle until you are ready to blow it out when the effects kick in. Make sure to secure the candle or have someone not using Geohuasca blow it out to avoid accidental burns.

**TIP 10:** If you begin to experience “thought loops” or begin to have a darker experience, your shaman or sitter can burn a sage stick around you to expel the negative energies. Sometimes the best healing is to go inside of yourself and see from others' perspectives. This may seem frightening but it is one of the most beneficial experiences.

**TIP 11:** One of the “tests” I have been put through many times over is the test of being able to stare down horrible images. They can come in the form of demonic faces, mangled bodies, or other visions that will make a normal person turn away.

The test is to stare down these visions and look “beyond”. I liken this to a security system because great wisdom resides on the other side. However, the individual must show no fear or cowardliness in order to obtain this knowledge.

**TIP 12:** You can call upon your spirit guides at any time. This can be ancestors, relatives who have passed on, or deities. Sometimes deities or entities will not appear to you if you are not purified so you may need to get to this level with several experiences.

**TIP 12:** Hyperspace entities are as polarized as humans. Some are good, some are bad. However, none can hurt you, they can only try to frighten you. You have TOTAL control over your experience and you are the absolute power. You can expel any entity away from you that makes you uncomfortable. Likewise, you can learn from anything you encounter too. The choice is yours.

**TIP 13:** For advanced users communing with entities: My general rule of thumb is any entity who tries to provoke fear or demands that you bow or cower before them or presents themselves in a way that they are superior to you is a NEGATIVE entity and should be avoided.

Positive entities will expect you to look them eye to eye, stand before them, and show no fear. If you cower or show fear, positive entities will leave and may not return for several experiences until you are ready to receive their knowledge.



## ENTITIES



I have identified the following entities. However, first time users may not get this far so do not “expect” any particular experience.

1. **The Elves:** These are small starfish-like entities that greet you in what I refer to as “the nursery”. If you encounter entities during your first few sessions you will most likely be greeted by these little guys. They are cute little things that dance around and entertain you like a baby. They may take another form than a starfish-shape but their mannerisms are the same. They move around very fast, dance around, sometimes jump in and out of your consciousness and pull things out for you to examine. They also show you how things work in the higher dimensions and how sound can manifest objects.
2. **Rogue Entities:** These entities come in many forms. One in particular that comes to mind is the Dancing Octopus-Lady. She doesn't seem to have much of a purpose other than to entertain. They just “are”. They can be fun but they can also be a distraction.

3. **The Worms:** These are lower vibration entities or bottom feeders. They are harmless but they look a bit scary with their worm-like body and large teeth. Sometimes they might talk to you. You can speak with them or just tell them to leave. I don't entertain their frequency.
4. **The God-Mind:** This entity was encountered during a very heavy experience and appeared as a pyramid with an eye in the middle sitting on top of a Mayan-like pyramid with Egyptian symbolism. It is an abundance of knowledge that can either talk to you or lock onto your pineal and transfer information telepathically. I have never seen this entity again but after the experience I read that Terence McKenna encountered this too.
5. **Mother Ayahuasca:** She is also known as Gaia, the spirit of the earth. She will often guide intermediate level travelers and help unlock wisdom and teachings. She often flips you inside out and helps you deal with your inner stuff like traumas, hang ups, addictions, and other emotional baggage. She is a very loving spirit and something to embrace when you encounter her.
6. **Enki:** Enki is the spirit of the Annunaki who genetically engineered humans. He has a genuine care for the growth and well-being of his children.

According to the Sumerian tablets: during the fly-by of Nibiru the council voted to keep the humans ignorant of the coming flood and let the fate of mankind be determined by the Creator-Of-All. However, because Enki developed a true love and bond with his creations (or alterations) he went behind the council's back and instructed Ziusudra (his lab assistant) to build an ark and save life on earth. For this he was stripped of his title of Lord of Earth and banished.

In my experience, Enki appeared after staring down many horrible things to greet me as a fellow “warrior” spirit and welcomed me to the next level.

7. **Lucifer:** The light-bearer who lights the way in the darkness. He is the keeper of wisdom and endows those who are ready with his light. He appeared to me as a large tidal wave of energy in several experiences with the sound of fierce thunder. He is a very humble but stern spirit. He does not



tolerate cowardliness or fear and will quickly leave if you display either. You can call upon him if you find yourself in a dark tunnel or if you are in need

of wisdom. Once he has given you his light, he will not want to be called upon anymore.

\*\* Lucifer is not to be confused with Satan. The Lucifer/Satan connection was made in a fictional work called “Paradise Lost” and often quoted as scriptural fact by the ignorant and uninitiated \*\*

8. **Grey Aliens:** These appear at random without any rhyme or reason. They seem to merely observe the experience. They have not offered any type of knowledge or insight in my experiences, they merely “are”. However, I was warned that their vibration is as low as demons therefore I would not recommend speaking with them if they try to engage you.
9. **Insect-like Tall Whites:** These entities reside outside of the known universe and claim to be the “keepers”. I had an interesting exchange with them at one point where they explained that they did not create the universe but rather maintain it for the purpose of souls having a place to reside. They were quite condescending but they gave me insight into how to manipulate the energy flow or “matrix code” to change physical reality.
10. **The Goddess Isis** – The ancient Egyptian Goddess of Wisdom and Love, the perfect wife and mother. She appeared as a violet and pink beam of light at first with many great teachings and insight. She has several machines that she can put your spiritual body in that will do everything from heal, remove negative energy, wrap you in protection, or optimize your brain and DNA.

Thus far she seems to be the most benevolent and empowering being that I have encountered and the pinnacle of the hierarchy. She is pure love and greatness and perfection. She will not appear to you if you are “dirty” or full of negative energy, even if you have cleansed yourself multiple times but still retain your bad habits. In order to make the connection stronger with her I have personally become a vegetarian (no negative energy from death),

stopped looking at porn, only have tantric sex with my wife, and I am cautious about every interaction I have.

She demands a Christ-like consciousness (or at least a true desire for one accompanied by physical steps towards this goal) but her guidance, wisdom, love, protection, and insight is greater than you could ever imagine.

We hope you enjoy this guide! Feel free to add or take away from it and fine tune it for you! This is what works for us!

If you would like to e-mail us any suggestions, please do so at

[info@beyondtheveilmedia.com](mailto:info@beyondtheveilmedia.com)

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Love you all!!